

## Psalm 62      A Psalm of David

<sup>1</sup> I wait silently for my God to rescue me because He the only One who can do it. <sup>2</sup> He alone is the source of my protection and deliverance, and because of that my confidence in Him cannot be shaken.

<sup>3</sup> How long will you wicked men continue hunting me down in order to kill me? I am already tired and weak, but you keep on chasing me anyway. <sup>4</sup> These wicked people have conspired together to remove me from the throne of Israel, and they don't have any remorse about it either. In fact, they are glad to say things that are not true. They speak kind words in public, but their hearts are full of cursing and hatred.

Folks, stop what you are doing and ponder the evil things these men plan to accomplish. They are wicked through and through.

<sup>5</sup> I wait silently for my God to rescue me because He is my only hope. <sup>6</sup> His name is the only place I can go to find real defense and salvation. I have complete confidence in Him, and my confidence will not be shaken. <sup>7</sup> I can rest knowing that He will secure my salvation and my eternal future. Not only that, but He will be the secure place from which I can gain strength. <sup>8</sup> I encourage all of you who are reading this to trust in the LORD at all times like I have. Pour out your heart to Him in prayer, and you will find him to be your refuge too.

Folks, stop what you are doing and ponder the truths I have shared with you. Trust the LORD, and you will understand.

<sup>9</sup> It is useless to trust men or women to do for you what only God can do. Consider this: seeking help from men or women who are unimportant is a useless and empty venture, and seeking help from men or women who are supposedly important is a delusion. When you weigh them in the balances there is no substance to either of them. They are lighter than a breath. <sup>10</sup> It is also useless to oppress others or resort to robbery or extortion in order to gain wealth or power. Don't make gaining riches your heart's desire because it won't be long before those riches vanish, and you certainly can't take them with you to the grave.

<sup>11</sup> I have heard God say more than once that power belongs to Him alone and that He is the source of tender love and kindness. He is the One who rewards men according to their works. He will reward those who live good and godly with good things, and He will reward those who live a sinful lifestyle with the punishment they deserve.