

Psalm 6

¹ I prayed to the LORD, Jesus Christ the Messiah,¹ and said,

I beg You not to judge me when You are upset, nor discipline me when You are so angry that You would give me everything I deserve.² Instead, please have pity upon me, and help me. I know that You are aware of how severely I am being persecuted and how it has caused me to be worn out both physically and emotionally. Oh LORD, I pray that You would rescue and invigorate me because the adverse effects of my distress have really taken their toll.³ It seems like everything within me is filled to overflowing with anxiety and fears, so I ask You LORD, “How much longer must I endure these trials before You take away this anguish of body and soul?”

⁴ Come to me once again, and save my soul from death. Please LORD, I beg You to do so as an expression of Your tender love and kindness.⁵ I want so much for You to save me because there is no mention of Your name among the dead, and those in the grave cannot thank You.

⁶ LORD, I am tired of being in the middle of a situation where I am experiencing so much grief that all I can do is groan. In fact, I have cried my eyes out on account of my grief. Yes, every night I cry myself to sleep, and my tears literally leave my bed saturated. By the time morning comes I can almost swim in it.⁷ As a result, my eyes are bloodshot, and my vision is blurred because of the unending hostilities and harassments propagated against me by my enemies.

⁸ I gave this warning to my enemies and said:

“All of you wicked people who have been trying to destroy me, get away from me. You might as well give up because God has not only taken note of my tears,⁹ but He has heard my plea for loving favor and has accepted my prayer.¹⁰ Now, since God has received me, I am glad that you will be disappointed that you could not destroy me. You ought to be ashamed of yourselves, because God Himself has put you to shame. In fact, you will soon learn that your sin has set in motion the wheels of justice that will generate your own destruction, and it will happen in a moment of time. Oh, what devastation! The principle of sow and reap always works that way.”

¹ For the sake of application, since Christ said in John 14:6, “I am the way, the truth, and the life: no man cometh unto the Father, but by me, the name “Jesus Christ the Messiah” has been used.