

Psalm 30 David's song at the dedication of his palace

David's praise for deliverance

¹ LORD, I will enthusiastically praise Your name because You lifted me out of my troubles and rescued me from my enemies. ²⁻³ O LORD my God, I cried out to You in prayer asking You to help me, and You did. I was literally sick as a result of severe persecution, but You healed me by rescuing me from my troubles. In doing so, You literally saved me from an early grave.

⁴ All of You who know and love the LORD, join with me in praising the holy name of the LORD, and give Him thanks for all that He has done for us. ⁵ We should, because when He gets angry with us it is only for a short time, but when He extends goodwill toward us, it lasts forever. We may experience severe trials that cause us to shed tears for awhile, but before long the LORD will bless us so that we literally shout for joy.

David's pride and his plea for help

⁶ As for me, there was a time when I was prospering in all that I did, so I said to myself,

“Nothing can touch me. ⁷ O LORD, You favored me and firmly established my home and my kingdom. I will prosper until the day I die.”

LORD, I was filled with pride when I said those things, so I understand why You felt it was necessary to knock me down a few pegs. You hid from me and withdrew Your blessing. When that happened, I was confused and in turmoil. ⁸ It was then that I called out to You in prayer begging You to help me. In my prayer I said,

“⁹ What benefit is there if You kill me and put me in a grave somewhere? Will the dirt that covers me praise You or tell of Your faithfulness? ¹⁰ Please hear me, O LORD, and have mercy upon me. I was proud, but I am sorry. Please, please, help me out of the mess I have made for myself.”

David's thanks for deliverance

¹¹ Praise God, You heard my prayer when my troubles were so severe that I sat in sackcloth and ashes. I was glad when You rescued me and turned my grief into joy. In fact, I was so glad that I literally danced for joy. When I was in trouble I was silent, but now that I have been rescued, everything within me will sing praises to Your wonderful name. LORD, I will be eternally grateful for Your help and blessing.