

Psalm 131 A Song of Ascents, of David

¹ LORD Jesus,

There are things You don't want me to do, and I understand what they are. So, this is how I conduct myself:

- 1) I do not have a proud heart, and
- 2) I do not look down my nose at others or think that I am better than the next person.
- 3) I am not so smart that I can easily carry on a conversation about every great matter, and
- 4) I am not wise enough to intelligently talk about things that are beyond my understanding.

² Instead, I have taught my heart to be quiet. Therefore, I say little and listen a lot. Like a weaned child quietly rests in his mother's arms, so my whole inner being rests in Your care, confident that You will meet all of my needs.

³ O Israel, and all of you who read this, trust in the LORD, Jesus Christ the Messiah¹. Yes, trust in Him like I have, and you will see your hopes fulfilled both now and forever.

¹ For the sake of application, since Christ said in John 14:6, "I am the way, the Messiah, and the life: no man cometh unto the Father, but by me," the name "Jesus Christ the LORD" has been used.