Psalm 130 A Song of Ascents

¹ Dear LORD,

I am crying out to You from the very depths of my soul, and in the best way I know how I am asking You to help me. ² Please hear me, and make my humble plea for Your favor the number one thing on Your list of things to do! ³ If You were to keep every offense against You fresh on Your mind, no man or woman could ever stand in Your presence forgiven. ⁴ Ah, but You do forgive the sins of those who are truly repentant enough to confess and forsake them. The way You forgive them teaches all of us that there is great reward in fearing You enough to avoid or abandon every sinful practice.

⁵ I understand this truth. Therefore, I am patiently waiting for You to show Your favor toward me. Yes, everything within me is waiting for you to help me because I have already placed all of my hope and trust in the promises contained in Your Word. ⁶ Everything within me is waiting, longing for the day when the LORD, Jesus Christ, the Messiah¹, will rescue me from those who persecute and oppress me. I am awaiting His help more eagerly than the night watchman awaits the daybreak when the sun comes up and the darkness flees. Yes, without doubt, I am awaiting for the LORD's help much, much more eagerly than the night watchman awaits the dawn.

⁷ You who are Jews, believe in the LORD, Jesus Christ, your Messiah¹, and trust Him. He not only pours out His tender love and kindness upon all those who trust in Him, but He thoroughly redeems them from the clutches of Satan and death. ⁸ Since He has already paid the price to redeem Israel, all you need to do to be saved from the penalty of your sins is to believe in Him and accept the free gift of salvation. When you do, He will become your personal savior from sin. No man can experience anything sweeter than this.

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¹ For the sake of application, since Christ said in John 14:6, "I am the way, the truth, and the life: no man cometh unto the Father, but by me," the name "Jesus Christ, the Messiah" has been used.